

Mentoring

1 day

Description

This ILT Series course introduces students to the basics of mentoring and the characteristics of a good mentor. Students will learn about the benefits of a mentoring program, and how to develop, implement, and evaluate the success of a mentoring program. Course activities cover selecting mentors and the people to be mentored, defining the mentor's job, matching mentors, establishing strong mentoring relationships, and maximizing the benefits of mentoring. Students also learn how to set effective goals and become effective learners when they are being mentored, and how to choose a mentor.

Prerequisites

- *None*

Course Outline

Unit 1: Mentoring basics

Topic A: Ways of mentoring

Topic B: Roles and competencies

Topic C: Organizational strategies

Unit 2: Mentoring programs

Topic A: Understanding mentoring programs

Topic B: Developing mentoring programs

Topic C: Selecting participants

Unit 3: Dimensions and styles of mentoring

Topic A: Mentoring dimensions

Topic B: Learning and mentoring styles

Unit 4: Mentoring effectively

Topic A: Effective mentoring relationships

Topic B: Choosing and managing mentees

Topic C: Effective mentees

Unit 5: Mentoring relationships

Topic A: Building strong mentoring relationships

Topic B: Successful mentoring relationships

Topic C: Ending mentoring relationships